A Harmony of Design & Natural Movement



Created to fit your home like no other, our compact suspension elliptical delivers a harmony of design and natural movement for the most comfortable, smoothest elliptical experience in the industry.





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FRAME	Suspension Elliptical Technology		
STRIDE LENGTH	51 cm / 20"		
STEP-ON HEIGHT	23 cm / 9.1"		
POWER INCLINE	N/A		
FLYWHEEL	N/A	10.5 kg / 23.1 lbs.	
RESISTANCE SYSTEM	Exact Force Induction Brake	ECB magnetic braking system	
RESISTANCE LEVELS	30 levels, electronic	20 levels, electronic	
PEDALS	Oversized with rubber inserts	Oversized	
PEDAL SPACING	6.5 cm / 2.6"		
HANDLEBAR TYPE	Multi-position, dual action	Dual action	
EXTRAS	Water bottle holder, accessory tray, stationary handles with heart rate grips and resistance toggles		
STATIC FOOTPRINT (L × W × H)	148 x 76 x 180 cm / 58" x 30" x 71"	148 x 73 x 166 cm / 58" x 29" x 65"	
ACTIVE FOOTPRINT (L × W × H)	173 x 76 x 180 cm / 68" x 30" x 71"	173 x 73 x 172 cm / 68" x 29" x 68"	
PRODUCT WEIGHT	133 kg / 293 lbs.	129 kg / 284 lbs.	
USER WEIGHT CAPACITY	147 kg / 325 lbs.		
CONSOLE	Choose from three console options to customize your workout experience. See reverse for more information.		

JOHNSON EXCLUSIVE TECHNOLOGIES

At Johnson Health Tech, we invest in advanced technology that completely redefines the exercise experience. These unique features are exclusive to our premium products, so you won't be able to find them anywhere else.



Exact Force Induction Brake offers instant, smooth, precise resistance changes at the push of a button, and with no moving parts, it's quieter and more durable as well.



Suspension Elliptical Technology features a wheel- and trackfree design to reduce noise and friction for long-lasting quality while providing a smooth, consistent feel through the ellipse.

Specifications subject to change without notice. For more information about Matrix Fitness: matrixfitness.com

CONSOLES

MATRIX







XIR

THE ULTIMATE IN ENTERTAINMENT

Our finest console includes a stunning HD display and an intuitive home screen that offers easy access to entertainment. Includes expanded Bluetooth connectivity to user devices.

XER

INTUITIVE APP INTERFACE

Our XER console includes a clear display and an intuitive home screen that offers easy access to entertainment. Includes Bluetooth connectivity.

XR

SIMPLY PERFECT

Our XR console features a clean, bright display that makes it easy for you to check your workout data at a glance, keeping you on track to reach and surpass your goals.

CONSOLES	XIR	XER	XR
DISPLAY	16" class HD touchscreen	10" class touchscreen	8.5" Extra-wide blue LCD
WORKOUT PROGRAMS	• (11)	• (10)	• (5)
BLUETOOTH ENABLED	•	•	•
SPEAKERS	• (5W)	• (3W)	•
USB PORT	•	•	•
CONSOLE APPS (SEE RIGHT)	•	•	•
VIRTUAL ACTIVE INTEGRATED	•	•	•
VIEWFIT CONNECTIVITY	•	•	•
PASSPORT READY	•	•	•
WIRELESS HEART RATE	•	•	•
POLAR HR STRAP INCLUDED	•	•	•
READING RACK	•	•	•
ENERGY SAVER MODE	•	•	•



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Our integrated ViewFit connectivity system sends workout data to the fitness apps and tools you already use. It also makes it easy to share data in your favorite social networks.



This scientifically validated high-intensity interval training program burns fat and builds muscle in short workouts that anyone can fit into their schedule.



Passport compatibility makes it easy to experience the global HD destination footage of our immersive Virtual Active program on your big screen.

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